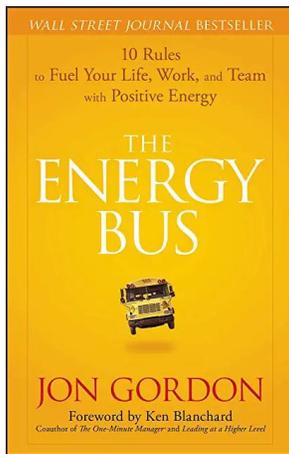




**12**  
*elements*

**ENERGY**

# PREP



## This month's reading for 12 Elements - Energy

### **The Energy Bus** by Jon Gordon

### 3 Biggest Takeaways from the Book:

1.

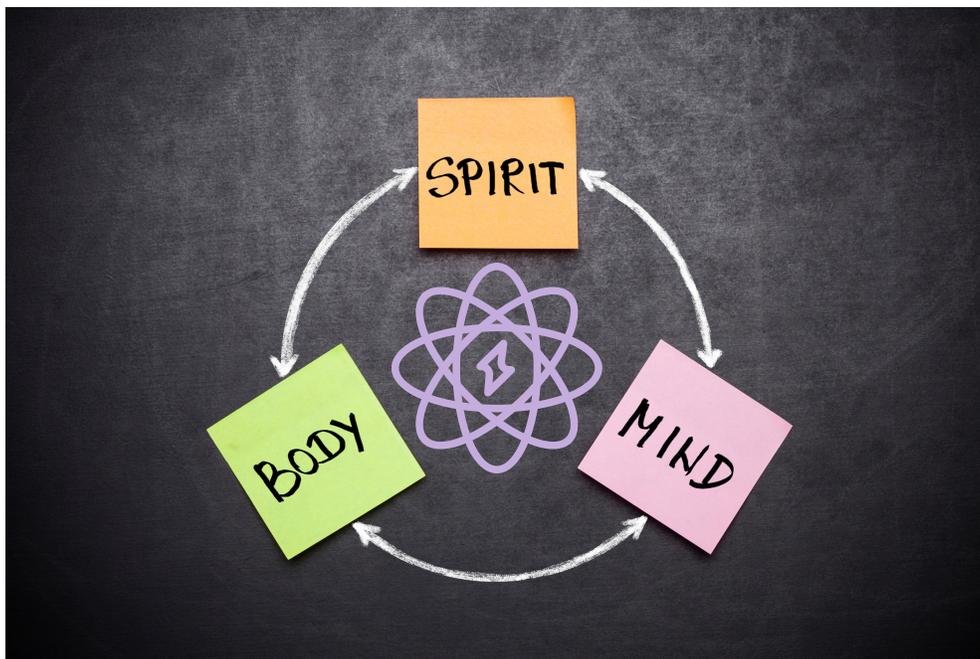
2.

3.

# ENERGY

**Energy:** the strength and vitality required for sustained physical or mental activity. The power to do work.

**Work** is God's method to bring His blessing to His children.



# ENERGY

## BODY

*"Do you not know that your body is the temple (the very sanctuary) of the Holy Spirit who lives within you, whom you have received [as a Gift] from God. You are not your own, you were bought with a price [purchased with a preciousness and paid for, made His own]. So then, honor God and bring glory to Him in your body.." 1 Corinthians 6:19-20*

# ENERGY

## SPIRIT

*Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!"*

*2 Corinthians 5:17*

# ENERGY

## MIND

*Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you]." Romans 12:2*

”

**WHERE  
ATTENTION  
GOES, ENERGY  
FLOWS, AND  
RESULTS SHOW.**

“

**- T. HARV EKER**

*"Whatever your hand finds to do,  
do it with all your might."*

*Ecclesiastes 9:10*